

# **BREAKTHROUGH**

## **FORMULA**

*-Mindset Revolution-*

*Video One*

# **RECOGNITION**

## **OF SELF**

### RECEIVING **YOUR BREAKTHROUGH** STRATEGICALLY

#### Who Am I Really?

This is the question that you must totally be honest with yourself about every single day. When you truly take "Recognition of Self", now you can truly see exactly who you are.

*"In order to be the YOU in the place YOU desire to land, is determined by the preparation in YOU for getting there." -Coach Paul*

So, following along with the video.... Where are you this season?

Remember the example of the kiosk at the mall, in order to get to a desired place, you must see where you are.

**YOU ARE  
HERE**

#### HERE ARE A FEW QUESTIONS TO ASK YOURSELF:

- Am I ready to build my character?
- Am I ready to let go of self?
- What is that "thing" that is holding me back?
- What can I build on that I already have in me?
- What areas in my life are eroded or deteriorated that need care?
- What do I no longer need in my life?

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# **BREAKTHROUGH** **FORMULA**

*-Mindset Revolution-*

*Video Two*

*Encounter-*  
*The Release*  
*Factor*

## RECEIVING **YOUR BREAKTHROUGH** STRATEGICALLY

What or Who Do I Need To Release?

- Yourself?
- Past-Relationships?
- Unforgiveness?
- Amends and Confront?

**"Being Set-Free Is All About  
Your Mindset!" -Coach Paul**

- The Undecided You?
- The Unfinished Work?
- The Unloved You?
- What is Hindering You From Moving Forward?

Get your Thoughts On Paper!



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# **BREAKTHROUGH**

## **FORMULA**

*-Mindset Revolution-*

*Video THREE*

# **"THE CONQUER**

## **COMPOUND"**

### RECEIVING **YOUR BREAKTHROUGH** STRATEGICALLY

Welcome to Day 3!!!

Give yourself a huge pat on the back! You have Recognized, Released & now YOU are about to REVIVE! You have thought, pondered, decided and have reflected on those things that you don't want to carry around or have lingering in your life, so that you can live a life of total FREEDOM!

Here we GO!

- What Are My Behavior Tendencies? Go back for a few moments and think about "Self-Recognition" and what areas in your life need to change to gain better results?
- Do You Really Want To Be Free? Remember, what worked in the past just may not work today. In order for the behavior to change, the inside has to as well.
- What Are Your Daily Habits? Is what you are doing on a daily basis adding value to your life?
- Daily Affirmations To YOURSELF. Are you giving yourself permission to win? Give Yourself Grace!
- Daily Re-Assurance. Understand that God does truly love YOU, and He desires for you to win as well.  
Blessings.

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